



Curious Active Reflective Evolutionary

To make a difference...



Rosemellin  
Primary School



DDMIX





# PE Offer at Rosemellin Primary 2024-25, 2025-26



The PE scheme of work that we use at Rosemellin is Complete PE (supported by the Youth Sport Trust organisation). This broad curriculum covers all of the National Curriculum requirements for PE from Foundation through to Y6. Each unit also has CPD modules built in for non-specialist teachers.

Our Foundation stage use the Healthy Movers program (also linked to CompletePE) for their weekly PE sessions, and also follow the Ready Set Ride program created by British Cycling to introduce children to cycling. It also supports the development of gross motor skills and core strength, which forms as part of their Physical Development in EYFS.

This year we introduced a new scheme of work for Dance, called DDMIX. All teachers had 1-2-1 **CPD** with our PE Lead, to introduce this scheme, to focus on Physical Literacy concepts and using key vocabulary. Feedback from children and teachers has been excellent.

Y6-5 have used the Dynamos Cricket scheme of work to support their summer term teaching.

Using schemes of work alongside CompletePE was a recommendation by Ofsted.

Annual subscription: £180

## **Swimming**

Children from Y4,5 and 6 have accessed a block of six swim sessions during the Autumn or Spring terms. 45% of our Y6 children completed a 25m swim assessment. This has dropped from 48% last year. Children showed they were able to use self-rescue strategies, and understand water safety concepts. All KS2 children also took part in an RNLI Lifeguard assembly, to reinforce water safety.

**CPD focus 2025-26:** Since Covid, our 25m swim data has dropped year on year, from 76%. Although there have been two blocks of swim CPD in previous years, this must become a priority again in 2025-26. Therefore our Year 6 will be our focus group, with our PE Lead delivering swim sessions.

Percentage of Year 6 cohort able to confidently swim 25m	46%
Percentage of children able to use a range of strokes effectively	45%
Percentage of children able to perform a safe self rescue in different water based situation	51%
Amount of Sports Premium money used to provide additional provision for swimming	£0

## Cycling Development



120 children in Years 4 and 5 have had the opportunity to take Level One Bikeability qualification this year. Our Y6's have taken part in a cycling development session which has included grass track cycling. Over the past years, our Y6's have taken a L2 Bikeability qualification, which we aim to reintroduce next summer, in conjunction with DT Coaching.

Sustrans Big Walk/Wheel data:

Each year at Rosemellin we promote active travel to parents and children across the whole school. This can involve children travelling to school by scooter, bike or walking.

Big Walk Wheel 2024	34.5% of children	1224 active journeys
Big Walk Wheel 2025	73.8% of children	1476 active journeys

**Parental engagement:** This significant increase in parental engagement is due to regular promoting on Class Dojo, and promoting to children during assemblies.

**SEND:** Links have also been made with Cornwall Life Recycle who plan to deliver adaptive learning cycle sessions for those children unable to access Bikeability sessions. They also service all of our bikes.

Costs: £4160



Opal is a national scheme that helps to embed a range of different play opportunities for children at lunch times. The project has developed well during the Spring and Summer terms, with many Y6 children volunteering to become Opal Leaders, and leading activities such as Dodgeball, skipping, dance or scootering activities. Our Opal Leaders also take skipping and dance activities to the Y1-2 children each week.

Our KS2 Skipping workshops supported the development of our skipping activities and Opal leaders in Spring, Summer 2025.

During the summer term, we have moved our KS2 children onto the main field, for Dance, tyres, football and free play activities. The Y3-4 playground has been transformed with some amazing graffiti art work, and a set of new benches for children to sit at. The Y3-4 playground is used for skipping and scooter games.

Our KS1 children now use the Y5-6 playground, and the grass area outside of the Y4-5 classrooms. Here they can use the climbing frame area and a messy kitchen, as well as free play on the grass.

**Parental engagement:** A large group of Y4-5 children and parents attended a den building afternoon, using a range of donated resources such as pallets, tyres, old tent material, netting and rope. This was led by Kate, from Opal playgrounds.

**CPD:** a group of 17 staff members, support staff and SLT took part in an OPAL CPD session, focusing on a play leaders qualification, and Risk Benefit Assessments.

After two and a half years of playground development, towards the end of the Summer Term 2025, we were awarded the Silver Opal Playground award.



Welcome to Skipping Workshops  
The UK's Leading Skipping Company Since 1997

Children from Y4-6 have also taken part in Skipping workshops, which have formed part of our Opal Playgrounds ethos. Opal Skipping leaders then take skipping skills to younger children.



**Competitive events:** 130 children from Rosemellin have attended a wide range of external competitive events, held by the Crofty MAT. These have included:

League football, Crofty football tournament, girls football, Netball, 3-4 football, KS1 football, Rugby, 3x3 Basketball, Swim Gala, Cross Country (Girls Y6 winner), and Gymnastics.

30 children from Rosemellin School also attended the School Games Quad Kids athletics event at Carn Brea Leisure Centre during the summer term.

The Crofty MAT have the largest amount of children in Cornwall attending competitive events.

In-house competitions have also taken place, such as Y3-4 handball, and Y6 dodgeball. All children have had the opportunity to take part in our year group sports days, which were very well attended by parents and family members.

Costs: £4875





Data in 2024 showed that national Y3 children had the lowest levels of physical activity recorded. Due to that, we have focused on our Y3-4 children this year. The Chief Medical Officer states that children should be active for at least 30 minutes per day in school.

Our Moki Summer term data shows that our Y3 children average 31 minutes of activity daily, and our Y4 children 40 minutes daily. 16 children across Y3-4 joined an active intervention group, as their average activity was less than 20 minutes per day.

This year we targeted an inactive group of 22 children with more regular active interventions to help promote the benefits of a healthy lifestyle to all. There have also been competitive events for children with lower activity levels to attend.

Year 4 MVPA	31 minutes
Year 3 MVPA	26 minutes
Year 4 boys active for 30 minutes+	60%
Year 4 girls active for 30 minutes+	30%
Year 3 boys active for 30 minutes+	20%
Year 3 girls active for 30 minutes+	50%

Costs: £1745





Another significant development this year has been with Cornwall Healthy Schools and DT Coaching, by setting up the Time2Move holiday program at Rosemellin. This will open our site up for three weeks in August, offering a wide range of physical activities for children in the local catchment area. Significant funding is also available for our pupil premium and vulnerable children to be able to attend these days.

We hope to build this program over the coming years, which will ensure a significant number of children from Rosemellin School will be able to access active holiday programs. Many of these places will be funded, and all children attending will get a free meal.



In partnership with:



Healthy  
Cornwall



Active club attendance has been low this year with approximately 45 children attending football clubs. 17 of these have been girls. These figures have declined over the past two years due to less active clubs on offer. Therefore, links have been created with Cornwall Healthy Schools, and DT Coaching to offer a fully funded active clubs program for 2025-26. This will ensure that children from Foundation to Y6 are offered a range of active clubs throughout the academic year. This will commence in September 2025 with 60 places being offered to our KS1 children over the Autumn term. These clubs will run weekly, throughout the whole year.

Children from Y1-6 all took part in healthy eating workshops with Cornwall Healthy Schools. This included learning about the Eatwell Plate, and taste testing a wide range of different foods.

We are planning for our Foundation stage to have a teeth cleaning workshop, which will also invite parents in.

Next year we plan to continue this program with a healthy minds workshop, which will link to our Youth Sport Trust Wellbeing program.



Our Y6 children and teachers have benefited from a 6 week block of professional rugby coaching during the Spring term. Neil, from the Pirates Rugby Club delivered sessions which involved children developing a range of core games skills that can be applied to many different sports. These skills then transferred into mini game play. CPD - Teachers have also developed their understanding of teaching generic invasion games skills, which then linked to rugby skills.

Costs £504



This is a Outdoor education program that has been bought into late in the academic year. It focuses on keeping children active throughout the day by developing orienteering skills, linked to all areas of the curriculum, including phonics. Orienteering stations are set up around the school grounds which link to learning cards for all subject areas. All teachers will attend a staff training CPD session to learn how to use this whole school resource. This program will support active, outdoor learning for all children and across the curriculum, while also supporting the 60/60 plan.

Furthermore, this program will also help to introduce the idea of Sports Sanctuaries for our SEND children. This involves creating a a trail of activities around the school grounds for our children to follow.

Costs: £1763

# PE Budget 2024 - 2025

ITEM	Income	Expenditure
Sports Premium allocation 2024-25	£19,380.00	
CompletePE annual subscription		£190.00
Crofty Sports Alliance membership		£1,500.00
YST Wellbeing award		£67.00
Crofty Wellbeing project (YST)		£1,529.00
Bikeability L1 delivery Y4		£1,080.00
Bikeability L1 delivery Y5		£1,500.00
Bikeability L 2 Y6		£1,500.00
Sustrans Active travel		£80.00
After-school clubs		£1,500.00
OPAL Active Playgrounds (whole school project), CPD		£841.80
Well-being conference day July CPD		£300.00
Rugby - Pirates sessions (Y6) CPD		£504.00
Swim comp Redruth school		£75.00
Quad Kids School Games event		£300.00
Competitive Events (20x half days)		£3,000.00
Staff ECT CPD (6 sessions DDMIX, Physical Literacy))		£1,000.00
Adaptive learning webinars CPD		£80.00
Moki Batteries, new watches (30/30)		£245.20
Foundation Stage bike service		£100.00
Skipping (CPD)		£375.00
Outdoor ed		£1,763.00
Sports Day trophies (Internal comp)		£350.00
Active Interventions (6 sessions 30/30)		£1,500.00
Remaining Balance	£0.00	

# Primary PE and Sport Premium - Key Indicators

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport they offer. There are 5 key indicators that schools should expect to see improvement across:

1. Increased confidence, knowledge and skills of all staff in teaching PE and sport
2. Engagement of all pupils in regular physical activity
3. The profile of PE and sport is raised across the school as a tool for whole school improvement
4. Broader experience of a range of sports and activities offered to all pupils
5. Increased participation in competitive sport

Download the full DfE guidance at [www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools](http://www.gov.uk/guidance/pe-and-sport-premium-for-primary-schools)  
Download afPE's exemplification guidance at [www.afpe.org.uk/physical-education/advice-on-sport-premium/](http://www.afpe.org.uk/physical-education/advice-on-sport-premium/)

