



Monday 7th Nov
2022

Issue 7



SCHOOL CONTACTS

Phone: 01209 712313 / Text: 07786207779
www.rosemellin.cornwall.sch.uk



Dinners: (www.parentpay.com)

This week we are on Chartwells' menu week 2



Our 4Rs are:

Resilience,
Reflectiveness,
Resourcefulness,
Relationships.

BEAMS OF THE WEEK

FISTRAL— Ava for working really hard with her letters and sounds

CRANTOCK— Zak N for super listening and concentrating!

LAMORNA— Aiden C for being a reflective learner

MAENPORTH— Izzy for being resilient and trying really hard with her writing

GODREVY— Talia for always working hard and listening carefully

PORTHMEOR—

PORTHCURNO— Ava for being resilient and coming into school with a big smile every day

SWANPOOL— Rowan W for building good relationships and working well with others

CADGWITH— Ailla P for creative writing for her Iron Man story

POLZEATH— Layla W for being resourceful

HARLYN— Evie B for persevering when things were tricky for her this week

PERRANUTHNOE— Olivia for always being ready to learn and giving 100% to every task

GWENVOR— Alfie for always setting the example in his attitude to learning

KYNANCE— Keira for working so hard in all subjects and presenting her work beautifully

TERM DATES FOR YOUR DIARY

Monday 19th Dec—Monday 2nd Jan - Christmas Holidays

Tuesday 3rd Jan - School closed to pupils

Monday 13th Feb - Friday 17th Feb - Half term

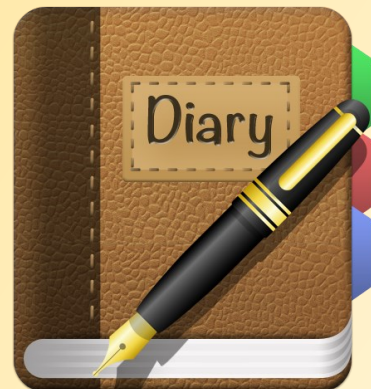
Monday 20th Feb - School closed to pupils

Monday 3rd—Friday 14th April - Easter Holidays

Monday 1st May - Bank Holiday



Dates for your diary!



Wednesday 9th November - Parents Evening Years 1 - 6 (Make an appointment via Google Form)

Friday 18th November - Lantern Making Workshops

Monday 14th November - Odd Sock Day to support Anti-Bullying Week

Friday 18th November - Wear Spots to support Children in Need 50p (Payment on Parent Pay) Cake sale 20p a cake

Tuesday 22nd November - Culdrose Cinema Trip (Minions 2) (Payment on Parent Pay) Crantock, Kynance, Gwenvor and Lamorna classes

Wednesday 23rd November - Culdrose Cinema Trip (Minions 2) (Payment on Parent Pay) Fistral, Cadgwith, Polzeath, Maenporth and Harlyn classes

Thursday 24th November - Culdrose Cinema Trip (Minions 2) (Payment on Parent Pay) Porthcurno, Swanpool, Porthmeor, Godrevy and Perranuthnoe classes

Friday 25th November - Lantern Parade - Year 5

Friday 2nd December - Christmas Tree dressing day

Tuesday 6th, Wednesday 7th and Thursday 8th December - EYFS Nativity

Tuesday 6th December - Year 4 to sing carols outside St Martin's residential home

Wednesday 7th December - Year 3 to sing carols outside Fairholme residential home

Wednesday 7th December - Year 1 to sing carols around the campfire (Will go on Class Dojo)

Thursday 8th December - Christmas Jumper Day

Monday 12th December - Winter Wonderland

Tuesday 13th December - EYFS and KS1 Christmas lunches

Wednesday 14th December - EYFS and KS2 Christmas lunches



Parenting offer – what's new in September 2022?

Our Parenting Team continues to support parents and carers. In September we will offer Parent Support Programmes through virtual and face to face sessions.

All Requests for Help to be received through the Early Help Hub.

Early Years (1-3)

Being Passionate About Parenting Early Years (1-3 years)

Mondays 29th November, 5th and 12th December 6-8pm on Microsoft Teams

Primary School Age (4-11)

Being Passionate About Parenting (4-11 years)

Mondays 21st, 28th November and 5th December 10-11.30am on Microsoft Teams

Being Passionate About Parenting with an introduction to ADHD (5-11 years)

Tuesdays 8th, 15th & 22nd November 6-8pm on Microsoft Teams

Being Passionate About Parenting with an introduction to the Spectrum (5-11 years)

Thursdays 10th, 17th & 24th November 10-12 on Microsoft Teams

Mondays 29th November, 5th and 12th December 10-12 on Microsoft Teams

Secondary School Age (12-17)

Being Passionate About the Teenage Brain (12-17 years)

Wednesdays 16th, 23rd & 30th November 10-11.30am on Microsoft Teams

Take 3 – Supporting Teenagers (12-17 years)

Wednesdays 12th October – 16th November (excluding Half Term) 6-8pm on Microsoft Teams

COMING SOON – Dates to be confirmed

Introduction to Teenagers with Traits of ADHD

Introduction to Teenagers with Autistic Traits

Introduction to Sensory Challenges for Teenagers

These will be 2 ½ hour workshops facilitated virtually on Microsoft Teams. These sessions will be available to parents who have completed the Take 3 parenting support programme.

Positive Parenting Bitesize (formerly Behaviours that Challenge) Virtual/On-line Support Group

Information Classification: CONTROLLED

Thursday 18th August at 12:30 - 2:30 pm – Family Information Service, Volunteer Cornwall and Community Support

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+44 20 3443 6327, 145840654# United Kingdom, London

Phone Conference ID: 145 840 654#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Thursday 22nd September at 12:30 - 2:30 pm – social media and internet safety

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+44 20 3443 6327, 399692076# United Kingdom, London

Phone Conference ID: 399 692 076#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Friday 21st October at 12:30 - 2:30 pm – ADHD Myth busting from CAMHS access team

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+44 20 3443 6327, 615898382# United Kingdom, London

Phone Conference ID: 615 898 382#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Monday 21st November at 12:30 - 2:30 pm – Passionate about Being Calm

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+44 20 3443 6327, 312113926# United Kingdom, London

Phone Conference ID: 312 113 926#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

Monday 12th December at 10-12.00pm – Autism with Matt Wilmott Autism Advisor

Microsoft Teams meeting

Join on your computer or mobile app

[Click here to join the meeting](#)

Or call in (audio only)

+44 20 3443 6327, 717314886# United Kingdom, London

Phone Conference ID: 717 314 886#

[Find a local number](#) | [Reset PIN](#)

[Learn More](#) | [Meeting options](#)

PLEASE NOTE – you may need to install the free app if using an Apple device or phone

For further information please contact
Julie Attwell Email:
julie.attwell@cornwall.gov.uk



Together for Families

www.cornwall.gov.uk

Early Help Newsletter – Autumn 2022

Free information, support and guidance for Parents and Carers

Information Classification: CONTROLLED

Parenting Support Courses

We offer interactive parenting courses both online and face to face. Service requests can be made through the Early Help Hub.

www.cornwall.gov.uk/earlyhelphub

The courses available are:

- Being Passionate About Parenting - Early Years 1 - 3 years (3 x 1½ hours)
- Being Passionate About Parenting - 4 - 11 years (3 x 1½ hours)
- Being Passionate About Parenting with basic introduction and an awareness to ADHD 4 - 11 years (3 x 2 hours)
- Being Passionate About Parenting with a basic introduction and awareness about the "Spectrum" 5 - 11 years (3 x 2 hours)
- Being Passionate About Parenting - The Teenage Brain 12 - 17 years (3 x 1½ hours)
- Take 3 - Supporting Teenagers 12 - 17 years (5 x 2 hours virtual or 10 x 2 hours face to face)
- SPACE - Supporting Parents and Children Emotionally (5 x 2 hour sessions)

Just for Dads

You can also find information tailored just for you on the Family Information Service –

www.supportincornwall.org.uk/tordads

Need help?

Contact the Early Help Hub on 01872 322277 for support, advice and guidance.

If you have immediate concerns or are worried about a child or young person's safety, please telephone the Multi Agency Referral Unit (MARU) on 0300 123 1116

Future Highlight

From September following completion of Take 3 you can book for an optional session). All 2½ hours via the EHM.

- Introduction to Teenagers with Sensory Challenges Tuesday 27th September 10-12.30
- Introduction to Teenagers with Traits of ADHD Tuesday 11th October 10-12.30
- Introduction to Teenagers with Autistic Traits Tuesday 8th November 10-12.30

Tempo Time Credits

You will soon be able to earn Tempo attending programmes which can be exchanged for a range of fun activities to do with your family and friends.

www.tempotimecredits.org

Positive Parenting Bitesize

(formerly known as Behaviours that Challenge)

If you would like to be able to talk in confidence and meet other parents experiencing similar challenges, come along. All sessions run from 12:30pm to 2:30pm

- 20th July – ADHD including pathway into CAMHS
- 18th August – Information sharing from Family Information Service, Volunteer Cornwall and Community Support
- 22nd September – social media and internet safety
- 21st October – ADHD myth busting
- 21st November – Passionate about Being Calm
- 12th December – Autism from Autism Team advisor

To get your Microsoft Teams link for the session contact: julie.attwell@cornwall.gov.uk

facebook

For further updates and information on what's happening in your area visit us on Facebook: www.facebook.com/TFFCornwall



Parents and carers wellbeing workshops providing support to help you navigate the journey of raising a child in a fast-changing world and to guide you to available services and support and to promote helpful conversation.

For further information please visit: www.headstartkernow.org.uk



Parents can struggle at one time or another. You are not alone. Home-Start's volunteers work alongside families to give compassionate and confidential support. They help people to regain the confidence to be the parents they want to be.

Take a look at the website:

www.homestartkernow.org.uk

Useful Website Links

Provides useful links to other areas of support.

www.cornwall.gov.uk/health-and-social-care/childrens-services/early-help/useful-websites-for-early-help/

Family Information Services

For useful parenting information, updates on parenting programmes and Parenting Podcasts please access the Family Information Service website

www.supportincornwall.org.uk

www.supportincornwall.org.uk
www.supportincornwall.org.uk
www.supportincornwall.org.uk

Access to resources about becoming a parent or being a parent from children aged 8 months to 19 years including children with additional needs and children's health and wellbeing.

New programme – Understanding Your Relationships

Free Access Code: TAMAR



Join the Library FREE and download the Borrow Box app which makes it easy to browse, borrow and read or listen to your library's eBooks and audiobooks, anywhere, everywhere.

www.adhdfoundation.org.uk

Attention Deficit Hyperactivity Disorder Foundation actively promotes a strength-based approach to living successfully with ADHD and other 'neurodiverse minds', such as, dyslexia, dyspraxia, autism spectrum, gynaecology and Tourette's syndrome.

www.pdasociety.org.uk

Pathological Demand Avoidance Society offer information, support and training for PDA.

www.capt.org.uk

The Child Accident Prevention Trust, working to reduce the number of children and young people killed, injured or seriously injured in accidents.

www.volunteercornwall.org.uk

Developing individuals and communities through voluntary action.

www.citizensadvice.org.uk

Giving people the knowledge and confidence, they need to find their way forward - whoever they are, and whatever their problem - AdviceLine: 0800 144 8848 or text the word ADVICE to 78866 and they will call you back within 48 hours (excluding weekends).



Cornwall Branch

www.facebook.com/groups/1530444410409057/



Together for Families

www.cornwall.gov.uk

If you would like this information in another format, please contact:
Cornwall Council, County Hall, Truro Road, Truro TR1 3AY
Email: equality@cornwall.gov.uk Telephone: 0300 1234 100

Do you have a child born **between 1 September 2018 and 31 August 2019?**

If so, you will need to apply for a place in a reception class in September 2023 for that child by the deadline of **15 January 2023**.

Please note: you will need to apply even if your child attends a school's nursery or pre-school class. If a school is oversubscribed the fact that a child attends a school's nursery or pre-school, or a local nursery or pre-school, does not automatically guarantee a place at that school. The school's oversubscription criteria will be used to allocate places. Visit our website or contact us for more information.

Visit www.cornwall.gov.uk/admissions for more information and to access the online application system

Need help with your application?

Contact the Family Information Service on **0800 587 8191**

The
deadline for
applications is
**15 January
2023**





Carn Brea Judo Club

www.carnbreajudo.co.uk

www.facebook.com/carnbreajudo

WE are a children's university provider

Members of the British Judo Council

Affiliated to the British Judo Association



Venue: Main hall at Roskear Primary & Nursery School TR14 8DJ

NEW BEGINNER CLASSES START TUESDAY 1ST NOVEMBER 6-7PM

FIRST TWO CLASSES FREE

ALL instructors are highly qualified, insured, national and international medalists

It is FUN; Learn new SKILLS; MAKE NEW FRIENDS

Do a CONTACT SPORT SAFELY

TO BOOK YOUR PLACE contact us through
Facebook messenger



Rosewarne Car Park
Mondays 9.15am – 10.45am

All welcome.

Please bring a bag♥

All food is surplus and free Please collect if you
can use it ♥



CHRISTMAS TIME

AT CAMBORNE LIBRARY

MON 28TH NOVEMBER
LINO PRINTING WORKSHOP
2PM - 4PM

SAT 3RD DECEMBER
EMBROIDERY WORKSHOP
10AM - 12PM
WREATH MAKING WORKSHOP
2PM - 4PM

SAT 10TH DECEMBER
FESTIVE STORYTIME
10:30AM - 11AM

WED 14TH DECEMBER
FESTIVE RHYMETIME
10:30AM - 11AM

EVERY DAY
CHRISTMAS CRAFTS
&
NIFTY KNITTERS
CHARITY STALL

EVERY SATURDAY
SANTA'S GROTTTO
9:30AM - 12:30PM



Camborne Library, The Basset Centre,
Basset Road, Camborne, TR14 8SL



Follow 'Camborne Library' for updates

Miss Sargent's Message



Wednesday may have been a wet day but it was a wonderful day here at Rosemellin. The Raise a Reader trailer navigated its way through the wind and rain for a special pit stop in Cornwall and they chose our school to visit. The KS2 children loved listening to authors and even had a go at becoming illustrators. We were thankful for all the books that were donated to the school and given out to the children at the end of the day. I hope you've had chance to start reading them.

The PANTS rules

- P** RIVATES ARE PRIVATE
- A** LWAYS REMEMBER YOUR BODY BELONGS TO YOU
- N** O MEANS NO
- T** ALK ABOUT SECRETS THAT UPSET YOU
- S** PEAK UP, SOMEONE CAN HELP

At Rosemellin, we always talk to the children about how they can stay safe. This may be linked to road awareness, online safety and tricky people among other things. Recently, we have been reinforcing the PANTS rule and speaking to children about appropriate and inappropriate touch. Discussions have been had that even if it may seem like a game or a joke, it is never ok to touch someone without their permission and this goes against the school rules. If you would like any more information on PANTS please look at the NSPCC website.

There was an overwhelming response to clubs and it has been great to see them underway. I enjoyed spending time sharing a story, drinking hot chocolate and doing an activity with some of the children in foundation stage. It really is a highlight to my week.

I hope you have a wonderful weekend and please stay safe if you are attending any firework displays.