

ROSEMELLIN SCHOOL NEWS - Spring Term



Monday 21st
March 2022

Issue 21



SCHOOL CONTACTS

Phone: 01209 712313 / Text: 07786207779
www.rose mellin.cornwall.sch.uk



Dinners: (www.parentpay.com)

This week we are on Chartwells' menu Week 3



Our 4Rs are:

Resilience,
Reflectiveness,
Resourcefulness,
Relationships.

Beam of the Week!

CRANTOCK— George for having an amazing week of learning

FISTRAL— Caleb for amazing sentence work all week!

LAMORNA— Agata for being resilient and trying really hard with her writing

MAENPORTH— Frankie for showing resilience in her handwriting

GODREVY— Noah for great resilience towards his learning

PORTHMEOR— Milly C for her effort and enthusiasm as well as her desire to take part in all our learning

PORTHCURNO— Brandon for showing great independence this week and a calm attitude towards learning

SWANPOOL— Conner for forming good relationships this week

CADGWITH— Lilly V for resilience

POLZEATH— Ailla for resilience with her maths

HARLYN— Shiloh for always trying his best and approaching each day with a brilliant attitude

PERRANUTHNOE— Gracie for working really hard on her writing and maths

GWENVOR— Chula for resilience and growing confidence

KYNANCE— Noah M for improving his efforts with reading and homework. Keep it up, Noah!

FREE SCHOOL MEALS

HAVE YOUR FINANCIAL CIRCUMSTANCES CHANGED?

DO YOU QUALIFY?

You can register your child for Free School Meals if you get any of these benefits:

- Income Support (IS)
- Job Seekers' Allowance (Income-Based) and equal based Job Seekers Allowance
- Income Related Employment and Support Allowance (ESA-IR) and equal based Employment and Support Allowance
- Child Tax Credit (CTC) with an annual income of less than £16,190
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Guarantee Element of Pension Credit (GPC)
- Immigration and Asylum Act 1999 (IAA) Support
- Universal Credit - Your household income must be less than £7,400 a year (after tax and not including any benefits you get) as assessed by earnings from up to three of your most recent assessment periods
- **THIS DOES NOT AFFECT ANY OTHER BENEFITS YOU ARE CLAIMING**



PE News Spring 2022

MOKI FITNESS TRACKERS

For schools across the country, it is important to promote children's physical and mental health through ensuring that children engage in 30 mins of physical activity each day. This can be achieved through areas such as PE sessions, active break times and active learning opportunities.

To help work towards this target, each class has now had a go at using our new 'Moki Tracker' fitness bands. These are similar to products such as 'Fitbits', and record the wearers steps, and more importantly, their minutes of moderate to vigorous physical activity.

After our first round of using the Moki Trackers, and getting used to them, the data now shows us that as a whole school, we are averaging 25 minutes per day of physical activity. This is great news, as we can see that we are not far from the recommended 30 minutes per day, but also each class can see from their data what they need to do to achieve that target.

The data for each class also shows that across the school, the boys are beating the girls with their average minutes activity per day – so there's a challenge for the girls at Rosemellin!

Competitions:

As we are now opening up more from our Covid bubbles, we have started to see children from KS2 attending more competitions with other schools from the Crofty MAT. Congratulations to all of the children who have competed in the Cross Country races, and who qualified for the Peninsular Championships last week. Also to all of the children from the football teams who have played in the Crofty Mat tournaments over the past few weeks.

Thank you to Mr Lyth for the match report:

On Thursday 17th March we took the Girls football team to play in the Crofty Mat tournament at Pool School.

The fixtures below,

Rosemellin v Portreath (1-0) Nadine H scorer.

Treloweth 2 v Rosemellin (0-0)

Pencoys v Rosemellin (0-0)

Rosemellin v Treloweth 1 (0-1)

Rosemellin v Roskear (0-0)

After the group stages we progressed to the semi-finals against Treloweth 1

Treloweth 1 v Rosemellin (0-0) We lost on penalties (3-2)

We then played for third and Fourth place

Treloweth 2 v Rosemellin (0-0) We lost on penalties at the sudden death stage.

Overall, we finished fourth.

A fantastic effort from all involved and played with a great team spirit.

Well done Girls.



Healthy Schools

Our aim as a healthy school is to help children and young people to grow healthily, safely and responsibly.

What can you do as a parent to help your child when they are at school?

We ask children to just have water in their drinking bottles.

Why should children just have water in their bottles?

WHY should kids #ChooseWater?

Water is a great drink choice for kids!

 ZERO	 It's good for the body: helps keep joints healthy, good for teeth, helps blood circulate	 It's good for the mind: Staying hydrated helps concentration and focus
It's super healthy: 0 calories & no added sugar		

healthychildren.org | American Academy of Pediatrics

Choose Water for Healthy Hydration - HealthyChildren.org

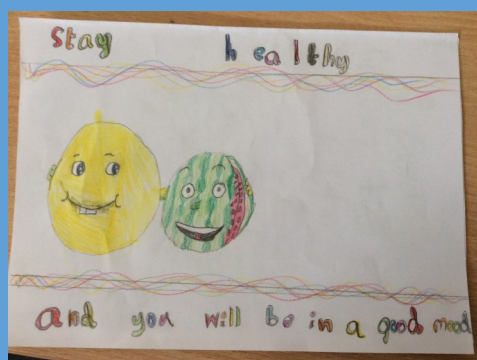
We ask, if your child has a packed lunch, to have a healthy, balanced packed lunch.

Why does a child need a balanced packed lunch?

It's important to include a balanced variety of foods in your child's lunchbox **so they get all the nutrients they need to reach their full potential**. Packed lunches offer a valuable contribution to your child's diet, so it's worth spending a little time planning and preparing what goes into them. Get your child involved with making the packed lunch too. Click on the links for some great ideas.

School packed lunch inspiration - BBC Good Food Lunchbox Ideas | Recipes | Change4Life (www.nhs.uk)

Children in year 4 have been designing posters to encourage healthy eating:



Mrs Finn's Message



Dear Parents

Our theme for our assemblies this week is 'Freedom'. We shared thoughts on what that word means to each of us and how precious it is. This could not be made anymore clearer to us in the present challenge facing Ukraine and the children speak, as ever, with compassion and thoughtfulness about the plight of people less fortunate than themselves.

I would personally thank all of you who have so kindly donated to our Ukrainian cause and the collection of items that we can send is building up nicely. If you have not yet had an opportunity to bring something in, you have until Thursday before it is being collected. Your generosity is, as ever, greatly appreciated.

Next week, on Monday and Thursday we are holding our Parent Consultations and we are very much looking forward to seeing you. Throughout the evening we will have Senior Leaders available as well as our Learning Mentor, Mr Lyth and Pastoral Manager, Mrs Julie Smith. Please, if there is something you wish to share, have a concern make sure you seek out both Mr Lyth or Mrs Smith: both will be looking forward very much to seeing you and, if there is anything they can help you with, are only too willing to do so.

We see this as an opportunity for you not only to meet with your child's class teacher but also a chance for you to have a wander around the school, taking a look and again familiarising yourself with the site. We know for some of you it will be the very first time you will have enjoyed such an opportunity.

On a final note, can I please make just one more plea? If your child is not reading every night it really begins to make an impact on their achievement and the more that you can practice and read at home, the better.

Thank you, enjoy the week and ...see you next week.

Best wishes

Mrs Finn