



Monday 7th
March 2022

Issue 19



SCHOOL CONTACTS

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www.rosemellin.cornwall.sch.uk



Dinners: (www.parentpay.com)

This week we are on Chartwells' menu Week 1



Our 4Rs are:

Resilience,
Reflectiveness,
Resourcefulness,
Relationships.

Beam of the Week!

CRANTOCK— Melody for such super effort with everything - all week!

FISTRAL— Olivia for listening well and focusing on her work

LAMORNA— Izzy for being reflective and sharing her excellent ideas

MAENPORTH— Cameron for being resourceful in his learning

GODREVY— Abigail for showing resilience and coming in to school with a big smile

PORTHMEOR— Lily for always trying her best and working hard

PORTHCURNO— Seren for being a reflective learner in her first week back at school and being a good friend to others

SWANPOOL— Max for resilience and working hard to improve his behaviour for learning

CADGWITH— Jessica for being a resilient learner

POLZEATH— Jago for relationships

HARLYN— Evie T C for always leading by example and demonstrating great relationships with others

PERRANUTHNOE— Tilly for being incredibly helpful and giving 100% effort in her work

GWENVOR— Luke for fantastic resilience and attitude to learning

KYNANCE— Codey for trying so hard to improve his writing by proofreading more carefully – he has been a super, reflective learner this week!

CHARTWELLS THEMED LUNCHES

Here is a list of upcoming menu changes for the children to look forward to:

- * Teddy Bear's picnic - April (Date to be confirmed)
- * Burger shack/All American - Thursday 19th May
- * The Queen's Jubilee - June (Date to be confirmed)
- * Leavers day - Thursday 21st July

We will let you know nearer the time what each menu will be. The children can order in the morning in class like a usual dinner. If you pay for School dinners, please make sure £2.30 is added to parent pay.

If your child has a food allergy, they will follow their original allergy menu.



DATES FOR YOUR DIARY

Monday 11th April—22nd April: Easter Holidays

Monday 2nd May: Bank Holiday

Monday 30th May - 3rd June: Half Term

Monday 25 & Tuesday 26th July: Staff Training
(school closed to pupils).

Wednesday 27th July—SUMMER HOLIDAYS!

Ways to Speak to Children About Events in Ukraine

The media coverage of events in Ukraine is undoubtedly being heard by our children. The use words such as invasion, attack, bombing and war are, undoubtedly, being overheard and absorbed by our children. For some, this may well be very frightening. Sitting on top of the experiences of the last two years may add further anxiety and fear, exacerbating distress. As parents/carers or teachers, you may feel uncertain about the best way to reassure without raising anxiety further. We may inadvertently communicate our own anxieties and fears around the events by if we don't notice how we are feeling before speaking to them, or by ignoring the topic completely



Steady yourself before you start to speak to your child. Your child will take their cues from you, if you appear anxious, their fear may escalate. **Be calm, steady and factual.**

Find out what your child understands already and what they may have heard. "I'm guessing you have heard lots about Ukraine on the news, or from adults talking about it, I'm wondering what you may be thinking about it or if you have any questions?"



Listen, Validate, Empathise to your child's fears and worries. Be compassionate and understanding and accept their feelings before moving to reassure. War **is** frightening and this comes on top of their experiences of the pandemic which may have heightened their sense that the world is not safe.



Contextualise and contain locate where the conflict is happening so the child has a sense of distance and the risk of them being caught up in the conflict for them is low. Use appropriate sources of information - BBC Newsround, Time for Kids, News for Kids, The Day to find accurate, age appropriate information



Take action: be aware of what your child is overhearing either through news bulletins or through adults discussing the situation. Find ways to empower your child in to do something meaningful - maybe contribute to care parcels sent out to those displaced by the conflict, find out what is happening locally to provide support, looking for those helping can balance the child's perspective

Mrs Finn's Message



Dear Parents/Carers

What a wonderful time, we enjoyed celebrating World Book Day on Thursday 3rd March. I would like to say a huge thank you to each and everyone of you as the children all looked amazing: such an array of costumes helped the children to celebrate our love of reading and books. Our English Lead, Mr Cromey, was Mr Twit for the day and shared and read stories to our youngest children (I think some thought he may have been the BFG!).

I know I say it frequently but there is no better way to support your child's learning than to encourage them to read: sharing books, reading stories, anything at all to do with books and reading really does make the difference and...don't forget, our expectation is that children should be reading every night as part of their homework.

Best wishes
Mrs Finn

Transitioning to a new normal

There is a real, upbeat feeling to the school as normal routines are embedding and school feels a little more normal than it has done for a while. All staff are very aware that this time is a transition period for children (and staff!). The children are being supported as much as we can and, should children be feeling a little anxious because there are more children in the playground and they are mixing with different year groups, we know they will soon become used to it.

The children have given us very positive feedback regarding these changes and they are saying how pleased they are to see each other again: at lunchtime, different aged children are mixing and are enjoying each other's company at the tables, chatting happily with each other as they enjoy their meal.

Uniform reminder

We know that we made changes to our expectations regarding the uniform during the pandemic. However, we now need to ensure our high expectations are met and need your support in retuning children to our uniform.

Please, on PE days the children should be in PE kit- white/blue T-shirt and black shorts; grey Rosemellin hoodie (or school jumper/cardigan). The children should NOT be wearing home clothes or any hoody.

Children in KS2 should be wearing a tie and wearing black shoes/all black trainers.